



# Our Lady of Perpetual Help School

2550 Camosun Street  
Vancouver, BC V6R 3W6  
Phone: (604) 228-8811  
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September 14, 2015

Dear Parents,

Your daughter has expressed interest in playing volleyball at school this year. The practices will begin **Tuesday, September 15<sup>th</sup>**. Please note the schedule below. In order for the students to attend practices, they must submit a permission form signed by you.

During volleyball season, any student who attends practices regularly will be able to play on a team; if large numbers of students come out to practices, we will create more than one team. All students must commit to the team and attend all practices. Please stress the importance of commitment and assist your child in signing the form below. If a student has two unexcused absences, she will be asked to leave the team. An excused absence must be accompanied by a note from you; acceptable reasons to miss practices include illness or medical appointments. Students will not be allowed to phone home to have forgotten gym strips or uniforms delivered to the school. A forgotten gym strip or uniform constitutes an unexcused absence. **If a student forgets their uniform on a game day, a uniform will be provided, but that student will only play the required minimum points.** It is asked that you follow correct protocol throughout the volleyball season and, should you have any questions or comments for your child's coach, the day following a game is the appropriate time to address the issue.

*Accidents can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you:*

- a) are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child and*
- b) release the school, its employees and agents, from any actions, claims or damages relating to the activity.*

Students attending morning practices should only enter the gym through the **back gym doors**.

Sincerely,

Our Lady's Volleyball Coaches

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning 7:30 - 8:30</b>		Grade 6	Grade 7	Grade 5	
<b>Afternoon 3:00 - 4:30</b>	Grade 7	Grade 5		Grade 6	Grade 7

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**Girls' Volleyball Permission Form 2015**  
**Please return by Tuesday, September 15<sup>th</sup>, 2015**

I give permission for my daughter, \_\_\_\_\_ in grade \_\_\_\_\_ A/B to play on the OLPH volleyball team and to attend all practices, games and tournaments during the 2015 season. *I understand that my child may be exposed to certain risks while participating in this activity and agree to release the school, its employees and agents, as set out above. Accidents and injuries may occur.*

\_\_\_\_\_  
Signature of Parent or Guardian

I will commit to attending all practices and games and to doing my best on a volleyball team at Our Lady's School.

\_\_\_\_\_  
Student's signature